



2023 Kitimat & Area Social Service Navigator

For Community Resources Across the Northwest Visit: pacificnorthwest.fetchbc.ca

Kitimat & Area Emergency Numbers

Ambulance/Fire/Police9-1-1
Poison Control1-800-567-8911
Northern Crisis Line.....1-888-562-1214
Teen Crisis Line.....1-888-564-8336
Suicide Crisis Line.....1-800-784-2433

Hotlines

HealthLink BC8-1-1
Options for Sexual
Health.....1-800-739-7367
Palliative Care Hotline250-565-7322
• Ask for palliative physician on call.

Pregnancy Options BC.....1-888-875-3163

Community Services

Kitimat Community Services
Society.....250-632-9107
• Helping Hands Program
• Adult Literacy/ESL Program
• Settlement Support
• Victim Services.....250-639-2122
• Youth Centre.....250-632-8974

Tamtik Status of Women.....250-632-8787
• Homelessness Prevention Program
• Women's Counselling
• Outreach Worker
• Anti-Poverty Program
• Support for women, children & youth
affected by violence
• Free Store & Food Share

Seniors Services

Delta King Place Housing
Society.....250-632-6535
• Independent Living
• Assisted Living

Snowflake Senior Citizens
Association.....250-632-3405
Haisla Elders
Coordinator.....250-639-9361 ext. 409
Kitimat CDC.....250-632-3144
• Better at Home Program

Home & Community Care

Kitimat Home Support.....250-632-8666
• Respite Care
• Emergency Alert
• Short Term Care
• Life Skills Workers

Northern Health Home &
Community Care.....250-632-3181 ext. 3

Children, Youth & Families

Ministry of Children and Family
Development.....250-632-7256
Kitimat Community (Child) Development
Centre.....250-632-3144
• Infant Development & Autism
Behavioural Support
• Healthy Babies Program
• Speech & Language Program
• Parenting Support
• Life Skills Support
• Prenatal Classes
• Family Preservation Program

C'imo'ca Head Start Childcare
Centre.....250-639-9361
Haisla Health Centre.....250-632-3600
• Youth & Family Services

Kitimat Home Support.....250-632-8666
• Family/Youth Support Workers

Housing & Food Security

Dunmore Place Transition
House.....250-632-6070
• Safe Shelter for Women & Children

Housing Resource
Project.....250-639-6065
• Advocacy & Support for
Homelessness and those at Risk of
Homelessness

Community Food Bank.....250-632-6611
Meals on Wheels.....250-632-8666
Tamtik Status of Women.....250-632-8787
Homelessness Prevention Program

Community Health

Public Health.....250-632-3181
• Infant Development
• Needle Exchange
• Dietitian
• Options for Sexual Health Program

Haisla Health Centre.....250-632-3600
• Home & Community Care
• Support with Local Appointments
• Diabetes & Heart Nurse
• Patient Travel Clerk
• Pre-natal Progra,
• Good Food Box
• Support with medical Coverage &
Billing

Legal Services

Kitimat Child Development Centre
Poverty Law Advocate.....250-639-6003

Finances & Government Forms

Kitimat CDC.....250-639-6003
• Poverty Law Advocate Supports with
Government Forms

Service BC Office.....250-632-6188
• Will support with Income Assistance

Ministry of Social Development & Poverty
Reduction.....1-866-866-0800
• Income Assistance
• Disability & Supplemental Benefits

Employment Insurance &
Sickness Benefits.....1-800-206-7218
Medical Services Plan1-800-663-7100
Canada Pension Plan/
Old Age Security.....1-800-277-9914

First Nations Supports

Haisla Nation Council.....250-639-9361
• Income Assistance Support
• Housing

Transportation

BC Transit.....250-632-4449
HandyDART.....250-632-4449
Northern Health
Connections.....1-888-647-4997
Travel Assistance
Program.....1-800-663-7100

Mental Health & Addictions

Mental Health &
Addictions.....250-632-3181
After Hours
Emergency Line.....250-632-2121
Alcoholics Anonymous.....250-639-4130

Education & Employment

Work BC Employment
Services.....250-632-6581
• Self Serve Resource Centre with
Computer Access
• Volunteer Support with Disability
Forms



Pacific Northwest
Division of Family Practice
A GPSC Initiative

doctors
of bc
Better. Together.



TO ORDER MORE COPIES
OR TO UPDATE:
250-641-8105
pnwadmin@pnwdivisionbc.ca