2024 Kitimat & Area Social Service Navigator For Community Resources Across the Northwest Visit: pacificnorthwest.fetchbc.ca

Kitimat & Area Emergency Numbers

| Ambulance/Fire/Police | |
|-----------------------|----------------|
| Poison Control | 1-800-567-8911 |
| Northern Crisis Line | 1-888-562-1214 |
| Teen Crisis Line | 1-888-564-8336 |
| Suicide Crisis Line | 1-800-784-2433 |

Hotlines

| HealthLink BC | 8-1-1 |
|-------------------------|----------------|
| Options for Sexual | |
| Health | 1-800-739-7367 |
| Palliative Care Hotline | |

• Ask for palliative physician on call.

Pregnancy Options BC.....1-888-875-3163

First Nations Health Authority Doctor of the Day.....1-855-344-3800

Community Services

Kitimat Community Services

Society.....250-632-9101 • Helping Hands Program

- Adult Literacy/ESL Program
- Settlement Support
- Victim Services......250-639-2122
- Youth Centre......250-632-8974

Tamitik Status of Women.....250-632-8787

- Homelessness Prevention Program
- Women's Counselling
- Outreach Worker
- Anti-Poverty Program
- Support for women, children & youth affected by violence
- Free Store & Food Share

Seniors Services

Delta King Place Housing

| Society | | .230-032-0333 |
|---------|--------------------|---------------|
| • | Independent Living | |

Assisted Living

Snowflake Senior Citizens

| Association | 250-632-3405 |
|------------------------|------------------|
| Haisla Elders | |
| Coordinator250-63 | 39-9361 ext. 409 |
| Kitimat CDC | 250-632-3144 |
| Better at Home Program | |

Better at Home Program

Home & Community Care

Kitimat Home Support......250-632-8666 • Respite Care

- Emergency Alert
- Short Term Care
- Life Skills Workers

Northern Health Home & Community Care......250-632-3181 ext. 3

Pacific Northwest

An FPSC initiative

Division of Family Practice

Children, Youth & Families

Ministry of Children and Family

Development.....250-632-7256 Kitimat Community (Child) Development Centre.....250-632-3144

- Infant Development & Autism Behavioural Support
- Healthy Babies Program
- Speech & Language Program
- Parenting Support
- Life Skills Support
- Prenatal Classes
- Family Preservation Program

C'imo'ca Head Start Childcare

Centre......250-639-9361 ext. 2

- Haisla Health Centre......250-632-3600 • Youth & Family Services
- Kitimat Home Support......250-632-8666 • Family/Youth Support Workers

Kitimat Youth Centre......250-632-8974

Kidsport Kitimat......250-632-8976

Housing & Food Security

Dunmore Place Transition House......250-632-6070 • Safe Shelter for Women & Children

Housing Resource

- Community Food Bank......250-632-6611
- Meals on Wheels......250-632-8666
- Tamitik Status of Women.....250-632-8787 Homelessness prevention program

Homelessness Prevention Program KCDC.....250-632-1234

Homelessness Prevention Program TSW......250-639-2553

Education & Employment

Work BC Employment

- Services.....250-632-6581

 Self Serve Resource Centre with
 - Computer Access
 - Volunteer Support with Disability
 Forms

Literacy Kitimat......250-632-6581 Toll Free.....1-866-632-6581

Legal Service

Poverty Law Advocate......250-639-6003

Finances & Government Forms

Kitimat CDC.....250-639-6003 • Poverty Law Advocate Supports with Government Forms

Service BC Office.....250-632-6188

Will support with Income
 Assistance

Ministry of Social Development & Poverty Reduction.....1-866-866-0800

- Income Assistance
- Disability & Supplemental Benefits

Employment Insurance &

| Sickness Benefits | 1-800-206-7218 |
|------------------------|----------------|
| Medical Services Plan. | 1-800-663-7100 |
| Canada Pension Plan/ | |
| Old Age Security | 1-800-277-9914 |

First Nations Supports

- Haisla Nation Council......250-639-9361
 Income Assistance Support
 - Housing

| First Nations | |
|------------------|---------------|
| Health Authority | y604-693-6500 |

Transportation

| BC Transit | 250-632-4449 |
|-------------------|----------------|
| HandyDART | 250-632-4449 |
| Northern Health | |
| Connections | 1-888-647-4997 |
| Travel Assistance | |
| Program | 1-800-663-7100 |

Mental Health & Addictions

| Mental Health & | |
|----------------------|----------------------|
| Addictions | .250-632-3181 ext. 2 |
| After Hours | |
| Emergency Line | |
| Alcoholics Anonymous | s250-639-4130 |

Social Development Coordinator

..250-632-1259

Community Health

Public Health.....250-632-3181

- Infant Development
- Needle Exchange
- Dietitian
- Options for Sexual Health Program

Haisla Health Centre......250-632-3600

- Home & Community Care
 - Support with Local Appointments

......250-632-3144 ext. 203

- Diabetes & Heart Nurse
- Patient Travel Clerk
- Pre-natal Program
- Good Food BoxSupport with medical Coverage &

Billing Brain Injury Program

TO ORDER MORE COPIES

OR TO UPDATE:

250-917-8927

pnwadmin@pnwdivisionbc.ca