



2022 Houston & Area Social Services Navigator

For Community Resources Across the Northwest Visit: pacificnorthwest.fetchbc.ca

Houston & Area Emergency Numbers

Ambulance/Fire/Police9-1-1
 Poison Control1-800-567-8911
 Northern Crisis Line.....1-888-562-1214
 Teen Crisis Line.....1-888-564-8336
 Suicide Crisis Line.....1-800-784-2433

Hotlines

HealthLink BC8-1-1
 Options for Sexual Health.....1-800-739-7367
 Palliative Care Hotline250-565-7322
 • Ask for palliative physician on call.
 Pregnancy Options BC.....1-888-875-3163

Community Services

Houston Community Service Association.....250-845-3484
 UNBC Northwest Campus.....1-800-697-7388
 Salvation Army Food Bank.....250-845-3494
 Salvation Army Thrift Store.....250-845-3494

Community Health

Bulkley Valley District Hospital Smithers.....250-847-2611
 Houston Primary Care Clinic.....250-845-5972
 Houston Health Centre.....250-845-2294
 Houston Pulmonary Rehabilitation Program.....250-877-9354
 Steelhead Medical Centre.....250-845-1041
 Mountain View Dental Clinic....250-845-7131
 Bulkley Valley Chiropractors....250-845-7013
 Bulkley Valley Brain Injury.....250-877-7723
 Health Information Hub.....250-877-4424
 Northern Health Dental Program.....250-847-6400
 • Dental care for children 0-6 years
 Smithers Public Health.....250-847-6400
 • BC Early Hearing Program
 • Flu shots & Immunization
 • Speech & Language
 • Tobacco Reduction
 Disability Resources.....1-866-866-0800

Children, Youth & Families

Early Psychosis Intervention.....250-645-7430
 Jumpstart Pre-Kindergarten Program.....250-845-2228
 Dze L K'ant Friendship Centre Society After School Program.....250-845-2131
 • The After School Program is a free, licensed child care program for school aged children aged 8-12
 Dze L K'ant Friendship Centre Society Connections Project.....250-845-2131
 • Help 'at risk' youth build social connections
 Stopping The Violence Women's Counselling.....1-877-633-9933
 Thomas Robinson Consulting..250-847-1785
 • Aboriginal Supported Child Development
 • Autism Support Services
 • Behaviour Consulting
 • Child & Youth Program
 • Family Preservation Program
 Northern Society of Domestic Peace Children & Youth Peace.....250-845-3212

Northern Society of Domestic Peace Sexual Abuse Intervention Program.....250-845-3212

Housing & Food Security

Salvation Army Food Bank.....250-845-3494
 BC Housing.....1-800-257-7756

Home & Community Care

Northern Society of Domestic Peace Sexual Health Clinic.....250-845-5971
 Northern Health Homes & Community Care.....250-847-6234
 • Assistance with personal care
 • Nursing services
 • Respite care
 • Adult day center

Seniors Services

Adult Day Program.....250-845-2294
 Cottonwood Manor Assisted Living.....250-845-3770

Legal Services

Community Futures
 Small Business Services.....250-845-2522
 • Counselling and advisory services, as well as loans, for small businesses
 Northern Society of Domestic Peace Children & Youth Peace.....250-845-3212
 Northern Society of Domestic Peace Sexual Abuse Intervention Program.....250-845-3212

Finances & Government Forms

Ministry of Social Development & Poverty Reduction.....1-866-866-0800
 • Income Assistance
 • Disability & Supplemental Benefits
 Employment Insurance & Sickness Benefits.....1-800-206-7218
 Medical Services Plan1-800-663-7100
 Canada Pension Plan/ Old Age Security.....1-800-277-9914
 Service BC Office.....250-845-5828

Transportation

BC Transit.....250-632-4449
 Northern Health Connections.....1-888-647-4997
 • Affordable Medical Transportation
 • Low-Cost Accommodation
 Travel Assistance Program.....1-800-663-7100

Mental Health & Addictions

Mental Health & Addictions Community Programs.....250-845-5964
 Bulkley Valley Brain Injury Association.....250-877-7723

Education & Employment

Work BC Employment Services.....1-877-564-3545
 • Self Serve Resource Centre with Computer Access
 • Volunteer Support with Disability Forms



TO ORDER MORE COPIES OR TO UPDATE:
 250-877-9354
pnwadmin@pnwdivisionbc.ca