



# 2022 Kitimat & Area Social Services Navigator

For Community Resources Across the Northwest Visit: [pacificnorthwest.fetchbc.ca](http://pacificnorthwest.fetchbc.ca)

## Kitimat & Area Emergency Numbers

Ambulance/Fire/Police .....9-1-1  
 Poison Control .....1-800-567-8911  
 Northern Crisis Line.....1-888-562-1214  
 Teen Crisis Line.....1-888-564-8336  
 Suicide Crisis Line.....1-800-784-2433

## Hotlines

HealthLink BC .....8-1-1  
 Options for Sexual Health.....1-800-739-7367  
 Palliative Care Hotline .....250-565-7322  
 • Ask for palliative physician on call.  
 Pregnancy Options BC.....1-888-875-3163

## Community Services

Kitimat Community Services Society.....250-632-9107  
 • Helping Hands Program  
 • Adult Literacy/ESL Program  
 • Settlement Support  
 • Victim Services.....250-639-2122  
 • Youth Centre.....250-632-8974  
 Tamitik Status of Women.....250-632-8787  
 • Homelessness Prevention Program  
 • Women's Counselling  
 • Outreach Worker  
 • Anti-Poverty Program  
 • Support for women, children & youth affected by violence  
 • Free Store & Food Share

## Seniors Services

Delta King Place Housing Society.....250-632-6535  
 • Independent Living  
 • Assisted Living  
 Snowflake Senior Citizens Association.....250-632-3405  
 Haisla Elders Coordinator.....250-639-9361 ext. 409  
 Kitimat CDC.....250-632-3144  
 • Better at Home Program

## Home & Community Care

Kitimat Home Support.....250-632-8666  
 • Respite Care  
 • Emergency Alert  
 • Short Term Care  
 • Life Skills Workers

Northern Health Home & Community Care.....250-632-3181 ext. 3

## Children, Youth & Families

Ministry of Children and Family Development.....250-632-7256  
 Kitimat Community (Child) Development Centre.....250-632-3144  
 • Infant Development & Autism Behavioural Support  
 • Healthy Babies Program  
 • Speech & Language Program  
 • Parenting Support  
 • Life Skills Support  
 • Prenatal Classes  
 • Family Preservation Program

C'imo'ca Head Start Childcare Centre.....250-639-9361  
 Haisla Health Centre.....250-632-3600  
 • Youth & Family Services

Kitimat Home Support.....250-632-8666  
 • Family/Youth Support Workers

## Housing & Food Security

Dunmore Place Transition House.....250-632-6070  
 • Safe Shelter for Women & Children  
 Housing Resource Project.....250-639-6065  
 • Advocacy & Support for Homelessness and those at Risk of Homelessness

Community Food Bank.....250-632-6611  
 Meals on Wheels.....250-632-8666  
 Tamitik Status of Women.....250-632-8787  
 Homelessness Prevention Program

## Community Health

Public Health.....250-632-3181  
 • Infant Development  
 • Needle Exchange  
 • Dietitian  
 • Options for Sexual Health Program  
 Haisla Health Centre.....250-632-3600  
 • Home & Community Care  
 • Support with Local Appointments  
 • Diabetes & Heart Nurse  
 • Patient Travel Clerk  
 • Pre-natal Progra,  
 • Good Food Box  
 • Support with medical Coverage & Billing

## Legal Services

Kitimat Child Development Centre  
 Poverty Law Advocate.....250-639-6003

## Finances & Government Forms

Kitimat CDC.....250-639-6003  
 • Poverty Law Advocate Supports with Government Forms  
 Service BC Office.....250-632-6188  
 • Will support with Income Assistance

Ministry of Social Development & Poverty Reduction.....1-866-866-0800  
 • Income Assistance  
 • Disability & Supplemental Benefits

Employment Insurance & Sickness Benefits.....1-800-206-7218  
 Medical Services Plan .....1-800-663-7100  
 Canada Pension Plan/  
 Old Age Security.....1-800-277-9914

## First Nations Supports

Haisla Nation Council.....250-639-9361  
 • Income Assistance Support  
 • Housing

## Transportation

BC Transit.....250-632-4449  
 HandyDART.....250-632-4449  
 Northern Health Connections.....1-888-647-4997  
 Travel Assistance Program.....1-800-663-7100

## Mental Health & Addictions

Mental Health & Addictions.....250-632-3181  
 After Hours Emergency Line.....250-632-2121  
 Alcoholics Anonymous.....250-639-4130

## Education & Employment

Work BC Employment Services.....250-632-6581  
 • Self Serve Resource Centre with Computer Access  
 • Volunteer Support with Disability Forms



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 250-877-9354  
[pnwadmin@pnwdivisionbc.ca](mailto:pnwadmin@pnwdivisionbc.ca)