

# 2017 Prince Rupert SOCIAL SERVICES NAVIGATOR



For community resources across northwest BC visit: [pacificnorthwest.fetchbc.ca](http://pacificnorthwest.fetchbc.ca)

## PRINCE RUPERT EMERGENCY NUMBERS

Ambulance/Police/Fire..... 9-1-1  
 HealthLink BC ([healthlinkbc.ca](http://healthlinkbc.ca))..... 8-1-1  
 Poison Control ..... 1-800-567-8911  
 24 Hr Nurse Hotline..... 1-866-215-4700  
 After Hrs Palliative  
 Nursing Service..... 1-877-800-8882

## TRANSPORTATION

Northern Health Connections.... 1-888-647-4997  
 ■ Affordable Medical Transportation  
 ■ Low-Cost Accommodation  
 Travel Assistance Program..... 1-800-663-7100  
 SPARC BC-Handicap Parking..... 1-604-718-7744  
 Patient Travel Program (Prince Rupert  
 Aboriginal Community Services)... 250-624-4646  
 BC Transit..... 250-624-3343

## EDUCATION & EMPLOYMENT

Hecate Strait Employment Development  
 Society & Work BC..... 250-624-9498  
 Thomson Community Services ... 250-624-3753  
 ■ Supported employment program for adults  
 with disabilities  
 Prince Rupert Unemployed  
 Action Centre ..... 250-627-8776

## FIRST NATIONS SPECIFIC SUPPORTS

Friendship House..... 250-627-1717  
 ■ Aboriginal Infant Development Program  
 ■ Early Child Development Program  
 ■ Supported Child Development  
 ■ Alcohol & Drug Counsellor  
 ■ Mental health Liaison  
 ■ Employment Coordinator  
 ■ Preschool  
 ■ Youth Inclusion Program  
 ■ Youth Justice Program  
 Prince Rupert Aboriginal  
 Community Services..... 250-624-4646  
 Gitmaxmak'ay Nisga'a Society .... 250-624-9777  
 ■ Assist membership with programs and services  
 and day to day needs

## LEGAL SERVICES

Prince Rupert Aboriginal Community Services  
 Justice Program ..... 250-624-2891  
 Prince Rupert Legal Aid ..... 250-624-7701  
 Family Justice Center..... 250-638-6557  
 ■ Free, impartial 3rd party counsellor for family  
 disputes and custody issues

## CHILDREN YOUTH & FAMILIES

Ministry of Children & Families... 250-624-7594  
 Child and Youth Mental Health ... 250-624-7594  
 Berry Patch Child Resource &  
 Referral Program ..... 250-622-2434  
 Aboriginal Head Start ..... 250-627-4010  
 North Coast Community Services... 250-627-7166  
 ■ Pregnancy Outreach  
 ■ Infant Development Program  
 ■ Supported Childhood Development Program  
 ■ Youth at Risk Program  
 ■ Empowerment to Children & Youth  
 ■ Family Skills Program  
 ■ Children Who Witness Abuse Program  
 ■ Community Based Victim Services  
 North Coast Transition Society ... 250-627-8959  
 ■ Family Counselling Program  
 ■ Housing Outreach  
 ■ Sexual Abuse Intervention Program  
 ■ Stopping the Violence Program  
 ■ Women's Outreach program  
 ■ Supportive Recovery Program  
 Northwest Inter-Nation Family &  
 Community Services..... 250-622-2514  
 Youth Against Violence line ..... 1-800-680-4264  
 ■ For parents or youth  
 Growing Space Society..... 250-624-9777  
 ■ Provide a space with of support and stimulation  
 to parents and children  
 Northwest Family Counselling ... 1-888-638-8311  
 ■ Free counselling services to Aboriginal families  
 in Prince Rupert area  
 Youth Support Line..... 1-888-564-8336

## HOUSING & FOOD SECURITY

Ravens Keep Transition House:  
 24 Hour Crisis Line..... 250-627-8588  
 Programs ..... 250-627-8959  
 Meals on Wheels..... 250-622-6315  
 M'akola Housing ..... 250-627-7501  
 ■ Subsidized Housing  
 Salvation Army Shelter ..... 250-624-6786  
 Housing Outreach & Homeless  
 Prevention Program ..... 250-627-8959  
 Soup Kitchen/Drop In Centre ..... 250-624-6180  
 Prince Rupert Aboriginal Community Services  
 Homeless Coordinator..... 250-624-4646

## SENIORS

Prince Rupert Senior Society ..... 250-627-1900  
 Kaien Island Elders  
 (Friendship House) ..... 250-627-1717  
 Adult Day Program  
 (Acropolis Manor) ..... 250-622-6457

## FINANCE & GOVERNMENT FORMS

Ministry of Social Development &  
 Social Innovation ..... 1-866-866-0800  
 ■ Income assistance  
 ■ Disability  
 ■ Supplemental benefits for patients receiving  
 income assistance (orthotics, dentures, medical  
 equipment)  
 Employment Insurance &  
 Sickness Benefits..... 1-800-206-7218  
 Medical Services Plan ..... 1-800-663-7100  
 Inquiry BC..... 1-800-663-7867  
 ■ Switchboard with information for  
 provincial programs  
 Service BC..... 250-624-7415

## MENTAL HEALTH & SUBSTANCE USE

Mental Health & Addictions.... 250-622-6310  
 Alcoholics Anonymous ..... 250-627-1119  
 Supportive Recovery Program  
 (North Coast Transition Society) ... 250-627-8959  
 Problem Gambling Line ..... 1-888-795-6111  
 BC Schizophrenia Society..... 250-635-8272

## COMMUNITY SERVICES

North Coast Victim  
 Support Services..... 250-627-7779  
 ■ RCMP based  
 Kaien Anti-Poverty Society ..... 250-627-4687  
 f /kapsprincerupert  
 ■ Support to anyone requiring resources,  
 information and assistance filling out forms  
 ■ Distribute clothing, household goods,  
 baby furniture to anyone in the community  
 ■ Kids afterschool program  
 Victim Link ..... 1-800-563-0808  
 ■ Info and referrals for all victims of crime  
 and crisis support  
 Community Living BC..... 250-624-7574

## COMMUNITY HEALTH...250-622-6380

■ Options for Sexual Health Clinic  
 ■ Immunizations  
 ■ Dental Hygienist age 1-6  
 ■ Speech & Language Pathologist for children  
 ■ Environmental Health Officer  
 Home & Community Care ..... 250-622-6375  
 ■ Long Term Care  
 ■ Meals on Wheels  
 ■ Home Support  
 ■ Community Occupational Therapy  
 Home Care Nursing ..... 250-622-6330  
 Home Support ..... 250-622-6315



**Pacific Northwest  
 Division of Family Practice**  
 A GPSC initiative

**doctors  
 of bc**  
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 COLUMBIA**

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 OR TO UPDATE: 250-877-9354  
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