



FAMILY SUPPORT GROUP

Do you have a Family Member or Friend with Serious Mental Illness or experiencing symptoms?

YOU ARE NOT ALONE

EVERY 3RD MONDAY OF THE MONTH

TERRACE, KITIMAT, NASS VALLEY

4:00 PM - 5:30 PM

VIRTUAL GROUP

Group runs all months except
December, July and August

TO REGISTER CONTACT

Stephanie Gardner

O: 250-635-8206

C. 250-922-5178

terrace@bcss.org



**A REASON TO HOPE. THE MEANS TO COPE.
BRITISH COLUMBIA SCHIZOPHRENIA SOCIETY**

**BC SCHIZOPHRENIA SOCIETY FOUNDATION
SUPPORTING THE BC SCHIZOPHRENIA SOCIETY**